

PACK WEEK



Pack Assorted Colors for Kids

Name: _____

Date: _____



100% Grape Juice

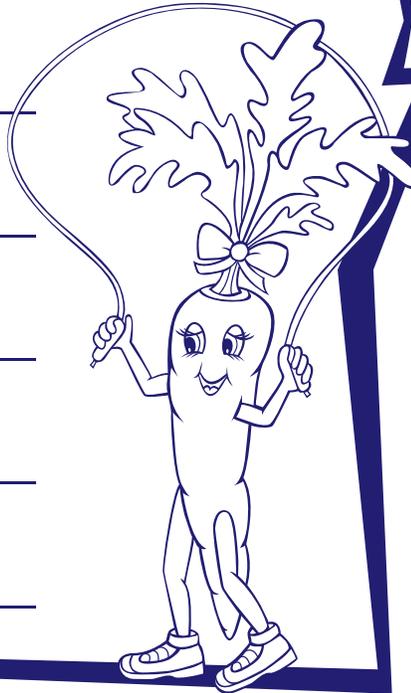
FRUITS & VEGETABLES ARE THE COLORS OF GOOD HEALTH

MATCH GAME

Circle the pairs of fruits and veggies that match exactly.

Carla Carrot



Did you know that just
1/2 cup of 100% juice
counts as a serving of fruit?



PACK YOUR DAY WITH COLORFUL FRUITS & VEGGIES

Circle all of the fruits and veggies in this meal.
Color in the fruits and veggies.



P.A.C.K. WEEK



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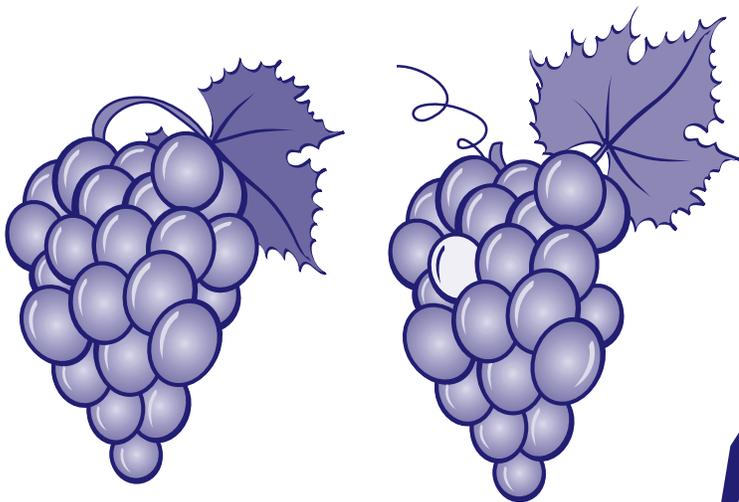


100% Grape Juice

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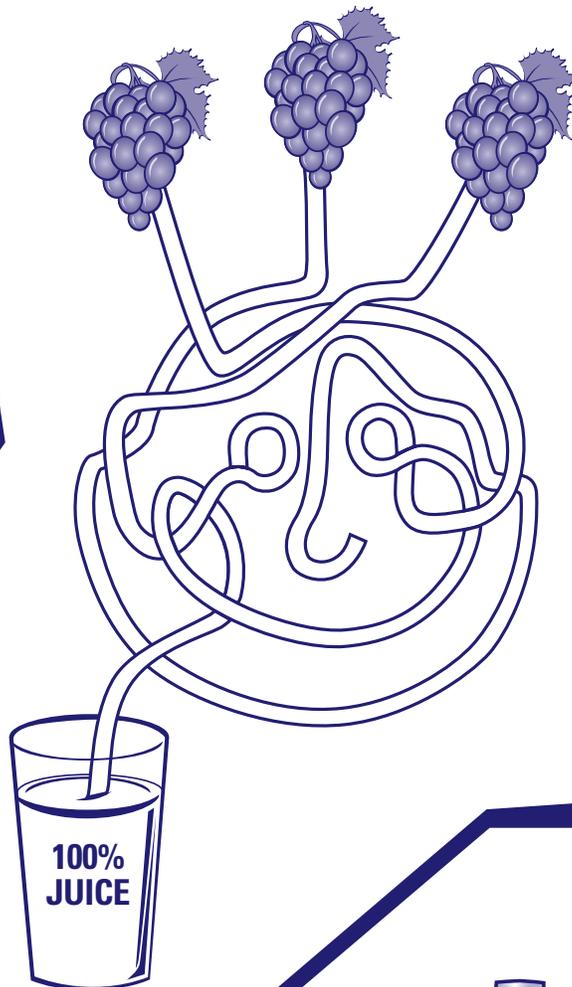
ALL BUNCHED UP

These two bunches of grapes look the same, but they're not.
Can you find and circle 5 differences between them?



GREAT GRAPES

Which bunch of grapes ends up as 100% grape juice?



WHERE DOES IT COME FROM?

Draw lines to match the fruit or vegetable to where it is grown.

