There is evidence of squash cultivation going back to at least 8,000 B.C. in Central Mexico, Peru, and the Eastern United States.

President's Washington and Jefferson grew squash in their gardens. Do you have a favorite United States President? Did he grow anything interesting in his presidential garden? Share with us on social media using the #MDKidsEatLocal!

Summer squashes are fast maturing and have thin rinds that can be eaten. They are usually picked when immature.

Availability
JUNE - OCTOBER

MARYLAND DEPARTMENT OF AGRICULTURE
This product was funded by USDA. This institution is an equal opportunity provider.