Mushrooms are fungi. Unlike plants, mushrooms do not require sunlight to make energy for themselves.

Mushrooms are made up of 90% water. Mushrooms are also a good source of vitamin B along with essential minerals such as copper and potassium.

There are over 30 species of mushrooms that actually glow in the dark. The chemical reaction called bioluminescence produces a glowing light. Have you ever seen a glowing mushroom? Share with us on social media using the #MDKidsEatLocal!

Warwick Mushroom Farm is the largest single producing and most technologically advanced mushroom farm in the United States. The farm consists of 7 acres of enclosed buildings where they have the capability of producing 200 million pounds of mushrooms per year.

Availability
YEAR ROUND

Warwick Mushroom Farms
CECIL COUNTY

Fast Facts

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